

# One Day Spiritual MOT



Healing for my relationships with:

**M**yself

**O**thers

**T**he Lord

The Focus of this day is not primarily on teaching but on healing - positioning ourselves to receive the healing of Jesus and to see Him exchange our Ashes for Beauty.

## Intro

The Here and Now Journaling Activity

Isaiah Scriptures

Wounds and Trauma  
Identity

Addiction

Identity

**Ministry Time**

Vows

**Ministry Time - Breaking Vows**

Forgiving Myself

**Ministry Time - Forgiving Myself**

## Interlude

Relationships  
Healthy Boundaries  
When to Walk Away

Asking Forgiveness of Others  
Forgiving Others

**Ministry Time - Forgiving Others**

**The power of Blessing in Healing Relationships**

## Interlude

How we see Father, Son and Holy Spirit  
Disappointment with God  
Forgiving God

**Ministry Time - Forgiving God**

Who do You say that I am?

## Interlude Intimacy with Him

**Visualisation - At the Feet of Jesus**

## Information

Time	10.00am - 2.30pm
Dates	February 25. March 25
Platform	Zoom
Cost	£35
Booking	Email <a href="mailto:office@beautyfromashes.co.uk">office@beautyfromashes.co.uk</a> with your preferred date and follow the link to make payment by debit or credit card using the donation button. You do not need a PayPal account.  <a href="https://www.beautyfromashes.co.uk/support-1">https://www.beautyfromashes.co.uk/support-1</a>